



**Our Mission - *Preparing all students for College readiness and Career success.***

## Academic & Career Planning (ACP)

### **What is ACP -**

Academic and Career Planning (ACP) is a process where students discover their passions and aptitudes to make informed decisions for post-secondary success. The ACP process increases student awareness of individual strengths and weaknesses using that lens to guide their educational goals to enter into the most satisfying career pathway. Students utilizing ACP also improve their understanding of postsecondary options, better connect their goals to educational coursework, and engage in long-term planning for life after high school graduation.

### **The ACP Model -** Has four steps: KNOW-EXPLORE-PLAN-GO

#### KNOW- Who am I?

- Self-awareness activities
- Individual reflection and goal-setting

#### EXPLORE- What do I want to do?

- Career awareness assessment
- Career research

#### PLAN- How do I get there?

- Connecting middle and high school instructional activities with opportunities to explore or learn more about a particular field of interest
- Work-based learning opportunities
- Extra-curricular and community-based learning experiences
- Postsecondary training options
- Financial plan to cover the cost of postsecondary training

## GO- Do IT!

- Update regularly
- Adapt/Modify Personal Goals, Career Goals, & Sequence of Courses
- ACP Conferencing with school counselor

**WBSD has developed 8 “Can Do Statements” identifying what the students will be able to do after completing the ACP process.**

ACP Skill	ACP “Can Do Statements”
<b>Knowledge of Self</b>	Students will understand how one’s unique interests, talents and aspirations play a role in decision-making and interpersonal relationships, with emphasis on how values and beliefs influence future career decision making.
<b>Critical Thinking &amp; Problem Solving</b>	Students will develop the ability to use knowledge, facts and data to solve problems and think critically and creatively.
<b>Communication &amp; Collaboration</b>	Students will convey information and ideas effectively in order to engage multiple audiences. Interact constructively by generating and implementing ideas to achieve an end goal.
<b>Employability Skills</b>	Students will define, develop and hone skills that increase the likelihood of becoming and remaining successfully employed and civically responsible citizens.
<b>Career Awareness</b>	Students will develop an awareness of a wide range of regional and national career pathways and opportunities while giving consideration to economic and cultural influences and their impact on career choice.
<b>Career Planning</b>	Students will create a structured process for analyzing their skills and interests, develop long-term goals, and create strategies to achieve them.
<b>Academic Planning</b>	Students will apply the skills and knowledge necessary to map out and succeed in the academic courses required to achieve post-secondary goals.
<b>Financial Literacy</b>	Students will build a foundation for making intelligent, lifelong personal financial decisions.

# At the WBSD, we believe that the ACP is an ongoing process.

At each grade level, students will be engaged in Academic and Career planning.

Academic and Career plans are likely to change each year as the student continues to learn academically, explore and experience new things, and develop personally.

Academic and Career planning is a gradual process that builds from one year to the next. Below are the grade level lessons covered, and their alignment to our district's ACP skills students will acquire through the process.

## **6th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
School Subjects at Work	Discover how related subjects can lead to a career	Career Awareness Critical Thinking
Interests	Explore your interests and related careers	Knowledge of self Career Awareness Critical Thinking
Decision Making	Develop the skills to help you make the best big and small decisions	Knowledge of Self Critical Thinking & Problem Solving Career Planning Academic Planning
Time Management	How to manage your time and make the most of each day	Knowledge of Self Critical Thinking & Problem Solving

## **7th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Learning Styles	Discover how your learning style can help you succeed in school and at work	Knowledge of Self Employability Skills
Discover Learning Pathways	Explore training and education options for your future	Career Awareness Career Planning
Career Choices	Breaking down biases and assumptions about careers	Career Planning Academic Planning Financial Literacy
Jobs & Employers	How to find jobs and research employers	Career Awareness Employability Skills

**8th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Skills	See how your skills relate to careers that interest you	Knowledge of Self Employability Skills Career Awareness
Explore Career Matches	Discover careers that match what you like to do	Knowledge of Self Employability Skills Career Awareness Financial Literacy
Transition to High School	How to make a smooth and successful transition to High School	Critical Thinking & Problem Solving Academic Planning
Self-Advocacy	Express what you need to succeed with confidence	Knowledge of Self Communication & Collaboration

**9th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Personality Styles	Identify the type of work environment and tasks that you'll enjoy	Knowledge of Self Employability Skills Career Awareness
Exploring Career Factors	Discover which priorities may influence your career decision	Knowledge of Self Critical Thinking & Problem Solving Career Awareness Financial Literacy
Getting Experience	Explore how to get work-related experience	Employability Skills
Study Skills & Habits	Build the skills and habits to succeed at school	Knowledge of Self Critical Thinking & Problem Solving Academic Planning

**10th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Work Values	Explore the values that may affect your career choice	Knowledge of Self Career Planning
Career and Life Style Costs	Set lifestyle goals and explore careers to achieve them	Knowledge of Self Critical Thinking & Problem Solving Career Awareness Career Planning
Workplace Skills and Attitudes	Discover the workplace skills and attitudes that employers value	Employability Skills Career awareness
Program Prospects	Consider which education or training is best for you	Knowledge of Self Academic Planning Financial Literacy

**11th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Choosing a College	Explore how a college pathway may fit into your future	Academic Planning Critical Thinking & Problem Solving Financial Literacy
Job Interviews	How job market trends could impact your career choices	Employability Skills Career Awareness
Defining Success	Explore the potential risks and rewards of entrepreneurship	Critical Thinking & Problem Solving Knowledge of Self
Career Path Choices	Finding a healthy balance between work and home	Knowledge of Self Critical Thinking & Problem Solving Career Awareness Career Planning
Junior Meeting Planning	Pulling from information students have provided from the ACP process to focus their conversations with their counselors.	Communication & Collaboration Academic Planning Career Awareness Career Planning

**12th-grade students will:**

Lesson Title	Lesson Content Description	Topic Alignment
Career Back Up Plan	Prepare for the unexpected with a solid career backup plan	Critical Thinking & Problem Solving Career Awareness Career Planning
Job Interviews	Learn how to give a stellar job interview	Knowledge of Self Employability Skills
Defining Success	Define success and explore how you want to achieve it	Knowledge of Self Critical Thinking & Problem Solving Skills
Career Path Choices	Explore why and how people choose to make career changes	Knowledge of Self Career Awareness Career Planning Financial Literacy